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FOR IMMEDIATE RELEASE  
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## **Nature Walk for Health Series at Dickson Mounds July 25**

LEWISTOWN, IL – The Emiquon Partnership-Dickson Mounds Museum, The Nature Conservancy (TNC), and the U.S. Fish and Wildlife Service-Chautauqua National Wildlife Refuge are hosting the July 25<sup>th</sup> “Nature Walk for Health Series” at Dickson Mounds from 5:00-6:30 p.m. Participants may enjoy fun wildlife stories and facts during each walk.

This program series is offered on the fourth Thursday of the month through October. Locations of the walks will vary and may be dependent upon weather conditions. Space is limited and registration is required. Please visit the Nature Walk for Health Series event page on the Illinois State Museum-Dickson Mounds website for a registration link at <http://www.illinoisstatemuseum.org/content/nature-walk-health-series>

Please dress appropriately, including proper footwear, for this outdoor activity. There is no fee to participate in this program; however, donations are appreciated.

The Illinois State Museum-Dickson Mounds is located between Lewistown and Havana off Illinois Routes 78 and 97. The museum is open free to the public from 8:30 a.m. to 5:00 p.m. every day. Tours and special programs are available for groups with reservations. For more information call 309-547-3721 or TTY 217-782-9175. Also visit us on Facebook at Illinois State Museum-Dickson Mounds or online at the Dickson Mounds link on the Illinois State Museum website at [www.illinoisstatemuseum.org](http://www.illinoisstatemuseum.org).